



EXERCICE D'ALLURES SKI-ROUES SK

Dim. 04/10/2026 – Parc d'Activité Économique du Pays Rochois

Cl	Dos	Nom et prénom	Catég.	Tour 1	Tour 2	Tour 3	Tour 4	Tour 5	Tour 6	Tour 7	Tour 8	Tour 9	Tour 10	Tour 11	Total
U13				Endurance aérobic			À fond	Récup	Aérobic	À fond	Récup				
7		GUILLAS AMELIA	U13-F	3:40.2	3:32.8	3:30.2	3:01.5	3:33.2	3:30.2	2:56.4	3:44.5	3:08.3	-	-	30:37.3
22		BOTTE ETHANYEL	U13-M	3:40.4	3:41.3	3:40.3	3:07.1	3:05.3	3:46.5	3:05.5	3:19.3	3:17.6	-	-	30:43.3
5		JUSTE MAXENS	U13-M	4:55.9	5:04.9	4:30.7	3:47.5	4:29.9	4:38.6	3:46.8	2:32.5	3:46.9	-	-	37:33.7
U14+U15 biathlon				Endurance aérobic			Seuil	Aérobic	Seuil	Aérobic	Seuil	Aérobic	Récup		
17		MORATILLE MATHIS	U15-M	3:04.4	2:54.5	2:53.3	2:34.1	3:03.7	2:31.9	2:57.2	2:27.4	2:53.7	2:53.4	2:36.9	25:20.2
23		DECOUT CLARA	U15-F	3:08.5	3:09.1	3:01.6	2:38.7	3:09.2	2:40.5	3:01.9	2:37.4	3:00.6	3:04.2	2:44.6	26:27.5
9		DURET GABIN	U14-M	3:08.9	3:04.5	3:05.5	2:37.4	3:07.3	2:41.5	3:03.7	2:41.5	3:08.7	2:48.4	2:37.8	26:39.0
U14+U15 biathlon				Endurance aérobic			Seuil	À fond	Récup	Aérobic	Seuil	À fond	Récup		
21		DURAND TRISTAN	U15-M	2:56.9	2:54.0	2:54.5	2:31.2	2:19.4	2:37.3	3:01.8	2:27.9	2:15.6	2:34.7	1:43.1	23:58.6
6		KOLB TAO	U16-M	2:53.4	2:51.5	2:53.5	2:33.5	2:23.5	5:00.8	3:06.5	2:34.1	2:18.2	3:46.1	3:33.9	26:35.0
2		PIGNEDE MARIUS	U15-M	2:44.0	2:44.0	2:46.1	2:27.0	2:17.1	2:47.3	3:08.2	2:30.9	2:22.1	2:49.1	2:41.1	23:46.7
14		BOUCHET TIMEO	U15-M	3:10.2	2:58.0	2:59.6	2:42.6	2:35.5	2:54.3	3:11.2	2:44.9	2:36.7	3:26.8	2:50.9	25:53.0
10		MUJIC KENAN	U14-M	3:15.8	3:13.4	3:20.6	2:47.5	2:44.6	2:51.9	3:33.2	2:55.2	2:41.6	2:39.4	3:23.3	27:23.8
18		BELOIN MAELLE	U16-F	3:21.0	3:11.8	3:14.5	2:53.2	2:43.5	3:03.5	3:20.5	2:54.5	2:46.5	3:10.9	2:53.7	27:29.0
19		RAHON ANNE LISE	U15-F	3:15.6	3:15.1	3:14.5	2:58.7	2:48.2	3:05.3	3:12.0	2:55.6	2:47.5	3:31.4	2:59.7	27:32.5
13		VIVET JEANNE	U16-F	3:09.0	3:05.7	3:08.9	2:49.4	2:52.0	3:45.3	3:16.6	2:53.4	2:48.2	3:18.8	2:54.6	27:48.5
11		MANSEY CLEMENCE	U14-F	3:29.0	3:18.4	3:18.3	3:04.9	2:52.8	3:26.6	3:32.8	2:59.8	2:53.1	3:24.4	2:59.3	28:55.7
3		BERCHET ARMAND	U14-M	3:38.5	3:40.8	3:43.2	3:09.1	3:09.2	3:27.9	3:47.1	3:19.4	3:14.2	3:34.3	-	31:09.4
1		BOTTIN MAXENCE	U14-M	3:30.1	3:27.4	3:24.8	3:09.9	3:05.1	3:26.9	3:46.6	3:26.3	3:21.6	3:29.7	3:04.1	30:38.7

Départ toutes les 15 secondes, bonnes conditions

Récup : petit tour (non comparable)