



# TEST CHRONOMETRE N°3 : COURSE À PIED

Sam. 11/11/2023 – Parcours familial & sportif de la Roche  
2.1km (U13), 2.9km (U15 + dames), 4.4km (U16 → U18H)

Cl. Dos Nom et prénom Catég. Tour 1 Tour 2 Tour 3 Temps Écart Sept 23 Oct 23 Record perso

## 1.5 TOUR : U13

1	10	TOCHON NATHANAEL	U12-M	7:05.7	3:15.2	<b>10:20.9</b>		11'04	
2	13	KOLB TAO	U13-M	7:19.0	3:23.8	<b>10:42.9</b>	0:22.0	11'14	10'51
3	8	BOUCHET TIMEO	U12-M	7:10.3	3:32.7	<b>10:43.0</b>	0:22.1	11'01	
4	15	RAYMOND D. ALEISTER	U13-M	7:45.7	3:41.6	<b>11:27.3</b>	1:06.4	13'19	11'50
5	21	DUQUESNOY BAPTISTE	U13-M	7:53.2	3:41.2	<b>11:34.4</b>	1:13.5	12'03	12'09
6	16	DECOUT CLARA	U12-F	7:56.8	3:38.3	<b>11:35.1</b>	1:14.2	12'15	
7	12	BERCHET PAULIN	U13-M	8:20.6	3:36.9	<b>11:57.5</b>	1:36.6	11'48	13'31
8	17	DURAND TRISTAN	U12-M	8:08.3	4:05.8	<b>12:14.1</b>	1:53.2	11'59	10'57
9	20	MAFFIOLI GAEL	U12-M	8:28.6	3:57.2	<b>12:25.8</b>	2:04.9	11'56	
10	14	PETEX JEANNE	U12-F	8:42.6	4:04.4	<b>12:47.0</b>	2:26.1		13'01
11	18	BELOIN MAELLE	U13-F	8:44.7	4:09.0	<b>12:53.6</b>	2:32.7	13'21	
12	19	NERI ELIOT	U13-M	8:56.4	4:19.1	<b>13:15.5</b>	2:54.6	13'00	
13	9	VIVET JEANNE	U13-F	9:28.6	4:53.0	<b>14:21.6</b>	4:00.7	13'48	14'11
14	11	RICHARD SUZY	U12-F	10:17.4	4:52.3	<b>15:09.7</b>	4:48.8	15'37	

## 2 TOURS : U15 + DAMES

1	5	LEVET JOSS	U15-M	6:29.4	6:40.4	<b>13:09.8</b>			
2	4	NEUVILLE TITOUAN	U14-M	6:52.9	7:06.7	<b>13:59.6</b>	0:49.8	14'46	
3	2	TROUILLET NATHAEL	U14-M	7:07.8	7:15.6	<b>14:23.5</b>	1:13.7	16'38	
4	6	LEVET HYACINTE	U15-M	7:18.2	7:28.1	<b>14:46.4</b>	1:36.6	14'51	
5	7	PETEX GASPARD	U15-M	7:06.0	8:37.4	<b>15:43.4</b>	2:33.6		
6	3	TEYSSIER LISE	U17-F	8:34.9	9:18.4	<b>17:53.3</b>	4:43.5		16'00 Oct 20
7	1	VENTER ELLA	U15-F	10:52.8	11:00.4	<b>21:53.2</b>	8:43.4		21'47 Oct 22

Départ toutes les 20 secondes, parcours humide  
Échauffement environ 35' footing + accélération. Récup 5' marche + 5' footing

## RECORDS

U12D	10:11.9	Anaëlle Prud'Homme (25/10/2022)	U12H	10:01.8	Boris Guillot (10/11/2018)
U13D	10:12.0	Eve Chaverot (10/10/2020)	U13H	09:37.5	Boris Guillot (12/10/2019)
U14D	13:29.8	Claudie Fournier (09/11/2013)	U14H	12:51.0	Benjamin Philipot (13/11/2010)
U15D	13:14.0	Claudie Fournier (08/11/2014)	U15H	12:08.0	Dorian Perroud (10/11/2018)
U16D	13:35.0	Mélissa Gal (08/11/2014)	U16H	18:16.0	Dorian Perroud (09/11/2019)
U17D	13:25.2	Mélissa Gal (10/10/2015)	U17H	18:21.4	Hugo Dejour (15/09/2018)
U20D	14:53.0	Mathilde Petitjean (U20 – 14/09/2013)	U20H	27:01.0	Thib. Barthélémy (U20 – 14/11/2009)
D	16:34.0	Nadège Drevet (S2 – 13/10/2007)	H	26:03.0	Julien Bourla (Sen – 11/10/2008)